



SPONSORED BY



**SATURDAY
NOV 2 | 2019**

**BOB SIERRA YMCA
YOUTH & FAMILY CENTER**
4015 Ragg Rd., Tampa, FL 33624
813 962 3220

8AM START TIME
RAIN OR SHINE



REGISTER

Registration is online at
www.active.com
Search for
"Northdale
Pumpkin Run"



COST

All ages 5k **\$25**
\$35 AFTER 10/25
Adults 19+ 1 Mile **\$25**
\$35 AFTER 10/25
Children 18- 1 Mile **\$15**
\$25 AFTER 10/25



AWARDS & PRIZES

Registration fee includes commemorative
T-shirt, and race medal. Standard age
group awards 5 deep for 5k

5K race is chip-timed!

Strollers and furbabies are welcome!

Net proceeds benefit the YMCA's 2019 Annual Community Support
campaign and the Northdale Civic Association!

Race entry fees are non-refundable.

Thanks for the pancakes!



? Contact Michelle Sussman msussman@tampaymca.org